

REGION IV & Region XII (North Central District) WRESTLING PROCEDURES (2019)

- I. **Tournament Site Selection**
 - A. Region IV (North Central District) colleges wishing to host the North Central District Wrestling Championships must submit a written request or bid to the Region IV Director at least thirty (30) days before the August Region IV Meeting.
 - B. The wrestling chairman, upon the recommendation of the wrestling coaches, will place all bids before the Region IV Director for action.
- II. **Tournament Dates**
 - A. The North Central District Wrestling Championship Tournament will be held within two weeks of the National Tournament.
 - B. The North Central District Wrestling Championships Tournament for 2019 will be held on Sunday, February 17, 2019 at Muskegon Community College with the National Tournament to be held March 1 & 2, 2019 in Council Bluffs, IA.
- III. **Participation Requirements**
 - A. No contestant shall be permitted to enter the North Central District Wrestling Tournament unless he is accompanied by a faculty member of his college, a designated proxy coach, or faculty member from another NJCAA member college, as indicated in writing and signed by the Athletic Director and the College President or Dean of the sending college. It shall be sent certified mail to the Tournament Director prior to competition. Colleges represented in the North Central District are Ancilla College, IN, Harper College, IL, Henry Ford College, MI, Joliet Junior College, Muskegon Community College, MI, Saint Clare County Community College, Port Huron, MI and Triton College, IL
 - B. Each coach is required to bring all individual season record forms printed from the National Wrestling Coaches Association (NWCA) Optimal Performance Calculator (OPC) TrackWrestling and brought to the district seeding meeting as proof of matches wrestled by each individual entered in the tournament.
 - C. Each coach is required to bring the weigh-in sheet for all participants in the district tournament to the seeding meeting.
 - D. Each coach is required to bring two copies of their team's second semester eligibility form that was submitted to the NJCAA National Office. One for eligibility and one for the National Wrestling Academic Team Award that is presented at the national tournament.
- IV. **Scoring**
 - A. The North Central District Team Champion will be determined by using the point system outlined in the NCAA Wrestling Guide.
- V. **Rules and Procedures**
 - A. The North Central District will conduct all matches according to the rules in the NCAA Wrestling Guide.
 - B. The North Central District wrestling coaches will meet at the seeding meeting to discuss conduct and procedures.
 - C. The seeding meeting will take place immediately after weigh-ins and prior to competition. The wrestling coaches will determine seeding by using NCAA guidelines.
 - D. The North Central District will qualify no greater than 70% of the total number of participants in the tournament. There can only be a maximum of nine (9) wildcard selections. All percentages will be rounded down to the next lowest number.
 - E. The selection of the wildcard additional qualifier/qualifiers shall be determined by criteria of the entire season's performance, which shall include over-all record, junior college record, head-to-head competition, common opponent, tournament placing's and returning national qualifier.
 - F. The tournament director will send official certification of all national qualifiers from Region IV, Region VII, Region XII and Region XXIV to the National Tournament Director as soon as qualifiers are determined.
- VI. **Officials and Procedures**
 - A. The Host College or organization shall provide a minimum of two, 32' – 42' diameter mats that meet all NCAA guidelines for the tournament.
 - B. An official clock, scoreboard, and riding clock are to be provided for each mat.
 - C. Three officials are recommended by the wrestling coaches and selected by the tournament director. Two officials will be used at any one time during the North Central District Tournament.
 - D. Official scales shall be available for at least one hour prior to the official weigh-in.
- VII. **Awards**
 - A. Two (2) Team Trophies will be awarded at the conclusion of the tournament.
 - B. 1st, 2nd and 3rd place finishers in each weight class will receive medals.
 - C. A Most Valuable Wrestler Award will be voted on by the coaches and the award given at the conclusion of the tournament.
 - D. District Coach of the Year award will be given to the winning team's coach and the award will be given at the conclusion of the tournament.